



Greetings on this first day of autumn!

Our next member/guest dinner is scheduled for October 5th at Raspberries of Utica. We'll begin at 1700 hrs and sit for dinner at approximately 1800 hrs. As usual we'll order off the menu and individual checks will be available.

Your confirmation of attendance is required on or before Monday October 3rd to Greg Bertolini at greg.b127@gmail.com or by phone 315-272-5723.

The next GRUCMOAA BOD meeting at Spressos is scheduled for Friday October 14th at 0900 hrs. Any member is encouraged to attend.

MOAA Legislative Update

[TRICARE, PAY, HOUSING, FACE SPEED BUMPS](#)

There's still time to influence your legislators

Congress grouches over defense bill... literally.

[COLA STAYS AFLOAT](#)

August Consumer Price Index released

Only one month is left to determine next year's cost of living adjustment.

[TRICARE IMPROVES MENTAL HEALTH SERVICES](#)

New policies coming this October

DoD lifts several outdated restrictions on mental health care.

[CONGRESS MUST ACT SO VETERANS DON'T SUFFER](#)

MOAA testifies on health care reform

MOAA testifies with VA Secretary Bob McDonald telling lawmakers to fix veterans' health care.

[CAMP LEJEUNE, WATER CONTAMINATION, AND VA BENEFITS](#)

Proposed rule for VA benefits related to water contamination announced

A new rule would presume service connection for certain conditions likely caused by contaminated water at Camp Lejeune.

If you were forwarded this email, please [click here](#) to join MOAA and receive further communications.

MOAA Life Membership

Your service and MOAA LIFE Membership tell me you have more than answered the higher calling of being an officer. With personnel and benefits attacks coming fast and furious, we have challenging work ahead and I need you to engage your friends and colleagues by sending them the video below.



As a valued LIFE Member, you already know MOAA's outstanding reputation for leading advocacy efforts and providing exceptional transition services, benefits counseling, and more. Getting this message out as widely as possible is crucial, so I need your help.

Please share this video with up to 5 of your fellow officers at a time. You can use MOAA's suggested language or include your own personalized message. There's strength in numbers. Help us build awareness and membership so we can make an even greater impact on your behalf.

Sincerely,

Lt. Gen. Dana T. Atkins, USAF (Ret.)
MOAA President & CEO

Share MOAA's Video

Hope to see you on October 5th!

Regards,
Joe Maurer
President, GRUCMOAA
www.grucmoaa.org